



MUSKELKATER

KÖNIGHEIMERSTR. 1 TAUBERBISCHOFSHHEIM



Uhrzeit	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
09.00-10.00 Reha 45min	Fit-Mix	Reha	Zadunga	Reha	HIT
10.00-11.00 Reha 45min	Reha	Reha	Reha		Reha
11.00-12.00 Reha 45 min			Reha		Reha
16.15-17.00	Reha				Reha
17.00-18.00 Reha 45		Reha	Zadunga	Reha	Reha
18.00-19.00	ATTACK		Step vs. BBP		LES MILLS BODYPUMP
19.00-20.00	Reha		Reha		